

## **MINUTES NUTRITION COUNCIL**

November 14, 2017

**Members present:** William Calkins, Joy Christianson, Verna Emmel, Dorothy Owen, Robert Reedy, Bernie Senoracki, and George Larzelere

**Members excused:** Sandy Staszak, Mavis Stark, Marjorie Reedy and Tom Brunner

**Others present:** Heidi Russell, Aging Unit Director; Paula Landau, Meal Site Manager; Shirley Calkins; Jo Olson, Meal Site Manager

**Location & Time:** Tigerton Community Center  
221 Birch Street  
Tigerton, WI 54486  
10:30 a.m.

1. The meeting was called to order by Larzelere due to the absence of Staszak at 10:30 a.m.
2. Approval of Minutes:  
Motion made by Reedy, and seconded by Emmel, to approve the minutes from the Nutrition Council meeting on August 8, 2017. Vote: 7 yes; 0 no; 4 absent (Staszak, Stark, M. Reedy and Brunner)
3. Motion to deviate from posted agenda:  
Motion made by Christensen, and seconded by Owen, to deviate from the posted agenda if necessary. Vote: 7 yes; 0 no; 4 absent (Staszak, Stark, M. Reedy and Brunner)
4. Public Comment: none
5. Election of Officers: Current positions held by Staszak as Chair, Reedy as Vice Chair and Christensen as Secretary. Reedy moved to nominate Larzelere as chair and seconded by Emmel. There were no other nominations. Vote: 7 yes; 0 no; 4 absent (Staszak, Stark, M. Reedy and Brunner)

Christensen moved to nominate Staszak as Vice Chair and seconded by Emmel. There were no other nominations. Vote: 7 yes; 0 no; 4 absent (Staszak, Stark, M. Reedy and Brunner)

Owen moved to nominate Christianson for Secretary and seconded by Senoracki. There were no other nominations. Vote: 7 yes; 0 no; 4 absent (Staszak, Stark, M. Reedy and Brunner)

6. Nutrition Program updates:
  - a. Nutrition Statistics – Russell provided an outline of the amount of meals served as well as the revenue generated from the donations. All meal sites and the home delivered meals have experienced slow increases in referrals and attendance.

Increased advertising and outreach is being worked on specifically with Theda Care Hospital in Shawano.

- b. Completion of Review of 2016 Survey Results – This was discussed with the review of the 2017 Survey Results and a comparison of the two years was discussed. There has not been much improvement in the quality of the food from last year to this year. It is mainly in the “Good” category with choices of Poor, Good, Very Good and Excellent. After a thorough discussion, it was decided that in April 2018, the 2018 survey will go out so that the surveys are available when the bids for the caterer are opened as this will be the best guidance the Nutrition Council can have in selecting our caterer for 2019-2020.
- c. 2017 Survey Results – This was discussed with the review of the 2016 Survey Results and a comparison of the two years was discussed. There has not been much improvement in the quality of the food from last year to this year. It is mainly in the “Good” category with choices of Poor, Good, Very Good and Excellent. After a thorough discussion, it was decided that in April 2018, the 2018 survey will go out so that the surveys are available when the bids for the caterer are opened as this will be the best guidance the Nutrition Council can have in selecting our caterer for 2019-2020.

7. Site Reports:

- a. Birnamwood – Senoracki reported on the many activities held at the Birnamwood site. They enjoy bingo twice a month, Anne Fischer Visits, and other numerous activities.
- b. Bonduel – Due to the absence of Staszak and Stark, there was no report for Bonduel.
- c. Civic Center – Christianson reported that the Civic Center has many activities including bingo, blood pressure checks, and word searches. They also went to the Fire Museum in Peshtigo.
- d. Gresham – Without a meal site, exercise is held at The Woodland. Reedy is very interested in a new meal site to attend with his wife and friends.
- e. Tigerton – Calkins reported on the many activities held in Tigerton each week. These include information from an area funeral home, BINGO and Senior Information Day and many fun activities organized by JoAnn.
- f. Wittenberg – Emmel reported on the numerous activities held at the Wittenberg site including Anne Fischer Visits and many games including a dice game.

8. Commission on Aging Report:

Due to the absence of Brunner, there was no report.

9. New Business that is requested for future Committee consideration:

Senoracki commented that we should all invite our friends to come to the meal sites for the food, fun and friendships.

10. Per diem approval:

Motion made by Senoracki, and seconded by Emmel, to approve the per diem of this meeting. Vote: 7 yes; 0 no; 4 absent (Staszak, Stark, M. Reedy and Brunner)

11. Set 2018 meeting dates:

The Nutrition Council meetings are scheduled for Tuesday March 13, 2018 in Shawano at the Civic Center, Tuesday May 8, 2018 at Wittenberg, Tuesday August 14, 2018 at Bonduel and November 13, 2018 at Birnamwood.

12. Adjournment:

Motion made by Emmel, and seconded by Reedy, to adjourn the meeting at approximately 11:30 a.m. Vote: 7 yes; 0 no; 4 absent (Staszak, Stark, M. Reedy and Brunner)

Recorded by:

Joy Christianson, Secretary  
Shawano County Nutrition Council